



learn,
laugh,
live

HWu3a

Newsletter of the
Harborough Welland u3a

Issue No. 1

January 2022

A New Dawn – New Beginnings – New Opportunities



An interview with Helen Salisbury, Chair of HWu3a

HW Reporter: Helen how did you come to join the u3a?

HS: I retired 7 years' ago this winter and initially was busy helping my partner refurbish our 1970s house: stripping walls, walls and decorating! I also wanted to get to know people locally and knew about u3as from my job, so I checked out SLu3a. The All Day Walking group caught my attention and I turned up for my first walk in November: a friendly group of people and super walks –the rest is history!

HW Reporter: How did you get to join Committee?

HS: A few months later SLu3a was seeking a second person to help as Group Enabler. That turned out to be a bit too much like work and I

was asked to set up a team looking at implementing the Beacon membership database, which we did, working closely with MHu3a. When the position of Chair was due to become vacant, having initially said 'No', I thought about it again and here I am still!

HW Reporter: What has been your greatest achievement?

HS: Taking people of all ages from having no skills to gaining those that enabled them to seek employment. It is so rewarding. I have helped people gain administration skills (remember shorthand and typing?), preparing to teach in the adult sector, supporting sessional tutors and, in my retirement, as an RYA Dinghy Instructor.

HW Reporter: What gives you the most satisfaction in your life?

HS: Taking on a challenge! Facilitating SLu3a to embrace technology and take huge steps forward in the way it operates for the benefit of members has been very rewarding, as well working with a wonderful, supportive team of trustees. Needless to say, forming a good rapport with the trustees of HWu3a has been an unexpected challenge. Most of it I have enjoyed but there have been several hiccups on the way which, with the super team that has jelled together since we initially met last July, have all been overcome – helped by the fact that we have homemade cake at our group meetings!

HW Reporter: You mentioned 'hiccups'. Can you share one of these?

HS: Yes, none of us ever anticipated CoVid and lockdowns in our lives. I was introduced to Zoom when Draycote Water Sailing club showed two presentations: one by Lija Zu, who won the first sailing gold medal for China in the 2012 Olympics, and another by Sir Robin Knox Johnston on how he came to sail around the world. 'We can do that (Zoom that is)', and with the help of several trustees and our first speaker, Colin Cohen, we held our first monthly meeting online last year. A priority for HWu3a is to offer hybrid meetings to members.

HW Reporter: What are the immediate key challenges for HWu3a?

HS: Threefold: to share our vision with members to build a sustainable u3a that is vibrant and recruits new members with new skills and ideas. Secondly, for all members to embrace our strap line of 'by the members, for the members'. Volunteering brings rewards in many ways. Thirdly, to recruit new trustees that will continue to take these visions forwards. We need members to step up this spring at the April Special General Meeting and begin to shadow the key roles on Committee. They may wish to use the skills they have or learn new ones. We will be there to support them all the way. These are exciting times and it will be a fascinating journey to share.

Our Facebook Page



Congratulations to members Mandy Thompson and Don West who have so successfully set up HWu3a's Facebook page.

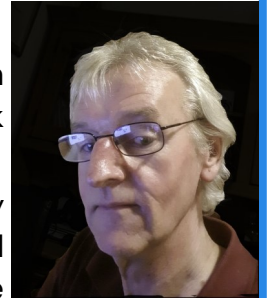
Once the Steering Group was underway, Mandy says, 'My input was in response to your call for help with publicity. I enjoy participating in u3a groups and wanted to contribute

in some way. I have some experience with Facebook and felt that this and social media in general was an area that the u3a should be taking advantage of. Hopefully this will continue to grow and evolve.'

When asked about the benefits of volunteering, Don confirmed, 'It's always good to put a little bit back into any organisation and to help out where I can. I enjoy Facebook and am reasonably competent at using it so it was a pleasure to help with setting up the group.'

At the time of going to press, the page had 121 members. Can you help us make this number even bigger? Check us out on: [Harborough Welland u3a](#).

Helen Salisbury



STARs



'By the members, for the members' is the strap line for HWu3a. 'We need to build up a team of members who are keen to help out in lots of ways. It doesn't have to be every week or month, but when you are free. It can be for a one off special event or several things throughout the year.'

To that end, Steering Group Trustee Kate Helm is leading on an exciting new venture for HWu3a members. 'It's called STARs,' says Kate, 'Special Tasks and Resources.' Maybe you can help with meet and greet at a monthly meeting or help us offer hybrid meetings regularly. Perhaps you would like to help out at

our public launch in April or at u3a day in September. Just email or call me to talk it over and put your name down @email: marketing@hwu3a.org.uk or call 07817 735784

Some of our STARs



'I have done things which I would not normally do by providing a service to members attending the monthly meeting and have met many new people who will stop and chat when we meet around the town.'

Colin



'Being Trips Co-ordinator enables me to meet a wide range of like minded U3A members and organise trips that I will enjoy as hopefully will they.'

Maryan



While editing the newsletter and helping with I.T. aspects I have got to know many group leaders and other members, hearing about their activities as u3a members.

Stephen

Our Steering Group



Eileen Robinson
Treasurer



Helen Salisbury
Chair



Stella Freeman
Vice Chair



Dave Martin
Secretary



Fiona Barnaby
Finance and
Membership Support



Jack Horton
Publicity



Liz Brett
New member liaison/
Speaker coordinator



Louise Elsome
Group Coordinator



Ian Webb
Membership
Secretary



Elizabeth New
Compliance



Kate Helm
Marketing & Coor-
dinator for STARS



Stuart Irons
Premises
Coordinator



Group Coordinator

A very happy New Year to all HWu3a members! As we move into 2022, it seems the ideal time to start afresh and make plans for the year ahead. With the launch of HWu3a, the opportunity to join new groups and try new challenges is open to all of us. By now you will have seen the group listing and, with 73 groups currently active, we are in a healthy position to provide a wide range of interesting activities for all our members. We are not going to rest on our laurels, however, and I'm optimistic that there is the potential to grow our groups and expand on what we have to offer. Please come along to our 'Harborough Welland Get-Togethers' on the 4th Monday of the month at the Methodist Church to find out more about our groups and where new ideas and suggestions will be very welcome. I look forward to working with all the HWu3a Group Leaders and would like to offer them my support in whatever way I can. As our organisation is 'by the members, for the members', please consider how you can get more involved, whether it's starting up a new group or offering your skills and expertise within an existing group. All contributions are appreciated and important to the success of HWu3a.

Louise Elsome



Speaker coordinator

Harborough Welland u3a's very first speaker will be renowned Blue Badge Tourist Guide, Caroline Roberts. Her talk 'Follow Me Please', promises to entertain us on the rewards and perils of the job. Experiences of guiding the great British public, how to cope with them and what to do when it all goes wrong! This could be fun!!

Our first Monthly Meeting is on Monday, 10th January at 10.30am and we look forward to welcoming members at our new venue Harborough Methodist Church on Northampton Road. Hope to see you there.

Liz Brett

Enid Sanders (slu3a member)

Sadly, Enid passed away on Monday 27 December. She had been a member of South Leicestershire U3A for many years. She was also on the Committee for several years and along with her husband, Tony, was leader of the Wednesday morning Walking Group. When Tony died four years ago, she carried as leader for a while. She was also a member of the all-day Walking Group and they both took part in the walking breaks.

Enid was a very sociable person, always ready to help, and in recent years at the monthly meetings she registered and welcomed new members to SLU3A, a role which she really enjoyed.



Birding Thursday

For mid December, we were thankful for a mild, windless if cloudy day for our visit to the dam end of Pitsford Water. As we made our way to the dam via the woods we listened to the winter songs of many Robins. On reaching the dam a Song Thrush was spotted at the top of a tree and he too gave us a small taste of his repertoire. Nothing of



note out on the water until a Common Sandpiper (pictured) was seen wandering along the water's edge at the base of the dam. On the bank the other side of the dam a couple of Stonechat and several Meadow Pipit and Pied Wagtail were very busy. For some reason most of the ducks seemed to prefer the lagoon at the end of Moulton Bay despite the fact that was covered in algae; here there were lots of Wigeon and Gadwall, a few Teal and a couple of Grey Heron.



Our thanks to Mary and Pauline for the mulled wine, mince pies and kunzle cake which nicely finished off our morning and year in suitable festive fashion!

Bruce White

Bookworms

Our book for December was "Fall of Man in Wilmslow" by David Lagercrantz and was a novel based on a short part of the life of Alan Turing leading up to his death. There were mixed opinions but some felt that the main characters lacked depth and the themes of computer science and homosexuality were dealt with as from the 1950s which felt unsympathetic by modern mores. However it did have a sort-of happy ending. Happy New Year to all our members.

Ronnie Leech

Evening Quiz on Zoom

The first HWu3a Quiz will be on Wednesday, 19th January (Not the 4th Wednesday which is normal.) You can sign up on Jan 4th and as it is on Zoom, there is no limit to numbers. There is a new virtual trophy to be adorned with the winners' names and a new feature round –



ALPHABETTI

In this round, the correct five answers will have consecutively alphabetical answers (not necessarily in the right order!). There is also a theme. Would you like to give it a go? Of course you would:

- Q1. *The medical word for the chest.*
- Q2. *The study of joints and diseases which affect them.*
- Q3. *One of the bones in your arm.*
- Q4. *Mucus that is coughed up from the windpipe, also called phlegm.*
- Q5. *A type of germ which can cause disease; antibodies do not work against them.*

Find the answers later in this newsletter.

Best wishes, Hope to see you soon,

Dave Martin. (quiz.night@hwu3a.org.uk)

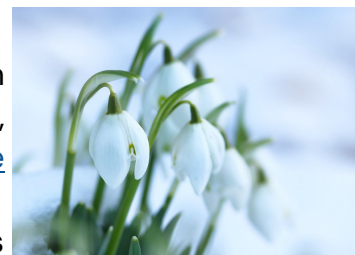
Activity Groups

Garden Group

You are welcome to join us at our Garden group meeting on **Thursday 20th Jan.** We meet at the Methodist Church, Northampton Road at 2pm. Please arrive early for registration. [See the website for more information.](#)

Our speaker for January is Chris Rowe who will be talking to us about the life of the Tradescants, father and son. Long before Capability Brown, the Tradescants were gardeners to the aristocracy and a huge influence on English gardening.

Stella Freeman and Janet Bignell



Local History

As we begin 2022 under the new umbrella of Harborough Welland u3a, we look forward to welcoming everybody to our first meeting on Tuesday 18 January at 2.00 pm in the Methodist Church Hall, when our speaker will be Mike Stroud on The Symingtons. There will be a charge of £3 per person to cover costs. We would like to take this opportunity of sending our very best wishes to you all for a healthy and happy New Year.

Avril Pell and Ian Webb

Needlecraft

We look forward to our friendly and relaxed meetings with some new members to join us and send a wish that in the New Year with fresh beginnings we will take up some new inspiring projects, and maybe finally finish some !

Anne Healy

New Experiences

We start 2022 under the new umbrella of HWu3a with a Circus skills workshop in The Methodist Church on Wed Jan 12th from 10 -12. Many thanks to Phil Aldridge for leading this event. It will focus on juggling and plate spinning and the £6 cost will include a set of juggling balls to take home. Please let me know if you would like to join the group for this or to be kept up to date on future events.

On Tue 8th Feb, we are roller skating at Ashby Parva 11.30-1.30pm. Prices still to be confirmed, but not expensive. Please let me know if this is something you'd like to have a go at. www.midlandsrollerarena.com/copy-of-skate-sessions,

As the group has now been running for 4 years, I am hoping that there will be some interest in starting a 2nd N.E. group to have a go at the activities we did in the early days, such as Segwaying, that many of our newer members have not had chance to take part in. If you feel this is something you'd like to help get involved with, please email kevinamillard@gmail.com or phone me for a chat.

Kevin Millard 01858 468015



Photography (Tuesday)

The last meeting of the MHu3a Digital Photography took place in December. The subject of the meeting was "Food". [See more photos on our website.](#) Because of the rise of Omicron our planned in person meeting in January has been cancelled. We shall now be meeting on Zoom at 2.30pm on Tuesday 18th January. The Set Subject is "Close-Up". Details of how to access the meeting will be sent out nearer the time.

John Hammond

Activity Groups

Ukulele

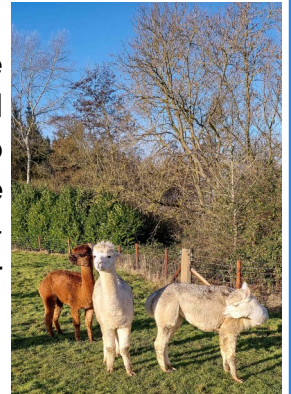
The Ukulele Group were invited to perform at the last-ever South Leicestershire U3A meeting in December 2021, and, despite absences caused by health issues of one sort or another, ten of us were able to be there, and performed four songs with an 'ending' connotation. The group also met up the following day for a session devoted to Christmas songs and carols. After a break, we will be meeting up under the auspices of the new HWu3a, and can't wait to get back into strummin' away again. Have uke, be happy.

David Evans 01858 463045

Wildlife

The wildlife group met in Foxton village for our last visit of the year. The sun came out as we walked along the canal. We saw several Coots and Squirrels and in the field we crossed were some very cute Alpacas who were happy to pose for their photograph. Redwings were spotted in the nearby trees and a disappearing rabbit. After walking by the locks a Goldcrest was seen in some Spruce trees before we returned to our cars for some Christmas refreshments.

Diana Baxter



TRIPS

LES MISERABLES

MILTON KEYNES THEATRE

THURSDAY 12 MAY 2022 @ 2.30PM

Set against the backdrop of 19th Century France it tells the story of broken dreams and unrequited love, passion, sacrifice and redemption - a timeless testament to the survival of the human spirit

Cost of ticket and coach £53

The coach will leave Market Harborough Bus Station at 10.30am

To book contact Maryan Richardson Tel - 01858 462573

HWU3A HOLIDAY - NORTHUMBERLAND

11 SEPTEMBER - 15 SEPTEMBER 2022

4* DERWENT MANOR HOTEL, CONSETT - 4 NIGHTS HALF BOARD

The holiday includes trips to Alnwick Castle, Holy Island and more

Cost per person sharing double or twin room is £579

Single room supplement is £91

This is booked through Norman Allen Group Travel and is using
Swift Valley Coaches

For further information please contact Maryan Richardson

Tel. 01858 462573 or email - trips1@hwu3a.org.uk



Alnwick Castle



Holy Island

Cycling



The Old Vicarage at
Naseby

The cycling group has continued with the popular twice monthly format, 15miles on the 1st Friday and 22miles on the 3rd Friday. We've been wrapping up and braving the weather and finding some beautiful new routes and cosy coffee stops.

There is plenty of space for new members and we've already welcomed Rod from MH. If you'd like to join the group, please contact Kevin.

Kevin Millard kevinamillard@gmail.com

Friday Strollers

On Friday 11th February we meet at 10.30am at Brampton Halt, Chapel Brampton, Northampton NN6 8BA Tel 01604 842676. To order our lunch ready for a 10 45 am start .

This is an interesting railway stroll which we have enjoyed before, it is a flat route with no stiles just a kissing gate, it should not be muddy but could be a bit wet in places & will take about an hour. If you will be joining us and will want lunch contact Pat Gordon on 01536 762340 by midday on Tuesday 8th .



Julia and Colin Ford Group Coordinators 01858 463129

Walking All Day

The walk on 27th January 2022, will be led by Sharon and Ian Webb and commences from The Hare in Loddington, Northants, NN14 1LA. Lunch is booked at the pub. Walkers dining are welcome to park in the pub car park and it will be open from about 9.45 am for us to place our orders. The walk will commence as usual at 10.00am. The walk is approximately 5.3 miles and takes in Great Cransley and Cransley Wood. There are no stiles on the walk, but it does cross one ploughed field and through a couple of sections of woodland and therefore, depending on the weather, parts may be muddy.

Eddie or Edith Dixon Tel: 01858 468758.

WALKING Half Day 4 (ex MH U3A Walking Group)

With the formation of the new Harborough Welland U3A, we are known as the Walking Half Day 4 group. We walk on the fourth Thursday of each month, starting from a variety of venues around the Market Harborough area, with the aim of doing approximately a 5 mile walk. We meet at 10.00 – 10.15am, give our orders for lunch (for those wishing to stay), and leave by 10.30am. In view of the current Covid situation, it has been decided not to organise a January walk, but we hope you will all continue to keep fit by carrying on with your own walks, ready for the February walk – details to be given in due course.

To comply with the HW U3A rules, we have to delete our current list, and those wishing to be on the new list for this group must contact us to let us know they wish to join, which should be done after 4th January, 2022. We hope to see you all in the new HW U3A in the New Year, together with possibly a few new additions to the group. All are welcome.

We wish everyone a healthy and enjoyable 2022. Keep safe.

Mike & Brenda Saywood 01536 770431 07941 307 358 mikesaywood@outlook.com

Walking Third Thursday

Our first walk in 2022 is on **20 January** meeting at 10.00 am. To celebrate the transition to HWu3a we had planned to relax inside a cafe prior to starting. Instead, we're meeting outside, at the Cafe in Welland Park for pre-walk (optional) refreshments. That will be followed by a 3.6 mile walk to the south-east of MH in the Southern Estate and Little Bowden areas. It's a town walk, so paths may be wet but shouldn't be muddy. The return time is expected to be by 12.30pm. There's car parking in Welland Park off Welland Park Road and Farndon Road; it's free for up to 3 hours. **Please let us know if you would like to take part** as we may need to change the arrangements because of weather or other problems. **New members welcome.**

[Alastair & Christine Willis, Peter Devine 01858 419262](#)

Walking Wednesday half day

Just a select few for the very last SLu3a Wednesday Walking Group walk from Kibworth! Perhaps the weather at breakfast time put some off but the nine of us that did turn out were rewarded with a fine sunny morning if rather windy. A circuitous route through the Recreation Ground, new and old Kibworth Harcourt brought us to the Carlton Road. Here we took the footpath towards Burton Overy, easy going on wide grass field verge and track except for the one rather muddy path over the second field. For our



coffee break we took shelter from the wind behind a barn and enjoyed some mini stollen with our drinks. The way back was via some permissive paths where we paused for a last SLu3a group photo (pictured), then, to avoid the muddy field, down a farm track to the Carlton Rd. then back into the village and through to Kibworth Beauchamp. January's walk will be our first under the auspices of Harborough Welland u3a. Same format as SLu3a but a few more walkers hopefully! Details will be on the web site and emailed to all members.

[Bruce White](#)

Wednesday Strollers

The walk on Wednesday 9th February will be led by Brian and Ann Knowles. It is from Lubenham across fields towards Market Harborough then returning along "Adam's Mile", the line of the disused railway track. The walk is approx 2.5 miles but could be shortened if necessary. We meet at the Coach & Horses, 54 Main Street, Lubenham LE16 9TF at 10.15am for a 10.30am start. If you wish to come along please contact Ann and Brian (e-mail brian.knowles3333@gmail.com , phone 01858 289438) by the Monday 7th February.

[John and Vivian Hammond](#)

A Reader's Comments by Maggie Paylor:

I am fairly new to Market Harborough. I moved here in March from Retford in Nottinghamshire. My wish for the new Harborough Welland U3A is that it continues in the spirit of friendship which I have found within the two existing U3As in the town. In the four groups I have joined since coming here, (Singing for Fun, Ladies Choir, Scrabble and Ukulele), I have been made to feel very welcome.

[Read more from Maggie on our website.](#)

INTEREST GROUPS

MONDAY

Art History	Angela Deane	01858 431111	Congregational Ch.	1st Monday	10.00 am
Book Group	Jean West	01858 434914	Theatre Lounge	3rd Monday	2pm
Crafting for Charities	Helen Salisbury	07837 410575	Louisa's Place	3rd Monday	2.30pm
French Refreshers	Rosemary Holden	01858 682623	Please call	Weekly	11.00am
French Improvers	Julie Jarosz	01536 712119	Please call	Weekly	pm
French Rendez-vous	Marlis Naef	01858 466931	Please call	Weekly	2.30-4pm
Golf Men			Kilworth Springs	Weekly	10.00am
Needlecraft	Anne Healy	01536 760346	Com'ity Church	1st & 3rd Mon	2.00pm
Petanque	Kevin Millard	01858 468015	Fairfield Rd C.C	1st & 3rd Mon	10 -12:00
Poetry	Ann Hawkins	01858 467164	Cong.Hall Lounge,	1st & 3rd Mon	10.00 am
Quilty Pleasures	Diane Miles	01858 468357	Gt Bowden Village Hall	1st/3rd Mon	2-4pm
Songs of Leonard Cohen	Jonathan Chappell	0116 279 2915	Com'ity Church	4 th Monday	2pm
Table Tennis 1	Keith Keeble	07795 434076	Please call	Weekly	Morning
Wine Explorers	Melanie Nash	07939 872204	Please call	2nd Monday	7.30pm

TUESDAY

Architecture	Colin Cohen	07973 348817	Methodist Ch.	4th Tuesday	Afternoon
Bookworms	Ronnie Leech	01858 410072	Please call	2nd Tuesday	2.30pm
Bridge—Social	Don Collins	01858 462409	Bowls Club Lt.Bwdn	Weekly	2 pm
The Coffee Hub	Denise Smith	07527 801778	Zoom	4th Tuesday	10.30am
Country Dancing	Sharon Webb	01858 440851	Cong Church	4th Tuesday	2-4pm
French – Les Bavards	Sheridan New	07795 872496	Louisa's Place	weekly	10.30
Listening to Jazz	Mike Goldsmith	01536 770122	Please call	2nd/last Tuesday	2.15-4.15
Local history	Avril Pell	01858 414871	Methodist Ch.	3rd Tuesday	2-4pm
Music Appreciation	Colin Cohen	07973 348817	Please call	3rd Tuesday	10.00am
Music, Exploring	Elizabeth New	07749 908907	Com'ty Church	1st Tuesday	10.00 am
New to Zoom	Denise Smith	07527 801778	Zoom	4th Tuesday	9.30am
Photography—Tues	John Hammond	01858 434272	tbc	3rd Tuesday	14.30
Singers—HWu3a Choir	Joy Swallow	01858 462368	Cong Church	1st/3rd Tues	10.30am
Ukuleles	David Evans	01858 463045	Methodist Church	Alternate Tues	2-4pm
Walking Half Day 2	Diana Baxter	0116 279 2947	Outside	1st Tuesday	Various
Wine Appreciation	Bob Crocker	01858 468531	Please call	1st Wednesday	7pm

WEDNESDAY

Badminton	Carole Winfield	01858 432540	Meadowdale	Weekly	5.45-7pm
Belleplates	Pam Duffin	01858 414975	Com'ty Church	Weekly *	2-4pm
Birding Wednesday	Linda Lawton	01858 880503	Outside	2nd Wed	Morning
Book Group, The Sleuths	David Still	07746455193	Please call	1st Weds	10.30 am
Italian All Comers	Franc Colombo	01858 431473	Zoom	Weekly	Morning
New Age Kurling	Jane Wilkins	01858 461801	Cong Church	1st Wed	2.00pm
Quilting	Vivian Hammond	01858 434272	Com'ty Church	3rd Weds	10.00am
Quiznight	Dave Martin	01858 440530	Zoom	Last Wed	7.30pm
Railway Exploration	Phil Danks	01858 463922	Bowling Club	3rd Wed	10.00am

Scrabble for Fun	Lesley Milsom	01858 419874	Bowls Club Lt.Bwn	4th Wed	Morning
Table Tennis 3	Jenny Acaster	01858 446862	Leisure Centre	Weds Weekly	9.00am
Transport Group	Michael Milsom	01858 419874	Bowling Club	1st Wed	10.00am
Walking Half Day 1	Bruce White	01858 467976	Outside	2nd Wed	Morning
Walking, Wed. Strollers	John/Vivian Hammond	01858 434272	Various	2nd Weds	10.15 am

THURSDAY

Birding Thursday	Bruce White	01858 467976	Outside	3rd Thursday	Morning
Crotchety Knitters	Stella Freeman	01536 760124	Com'ty Church	4th Thursday	14:30
Drawing & Painting	Elaine Scarlett	01858 432029	Oxendon Village Hall	1st/3rd Thurs	Afternoon
French Conversation	Melanie Nash	07939 872204	Please call	Weekly	2.30pm
Family History	TBC		TBC	3rd Thursday	Morning
Garden Group	Stella Freeman	01536 760124	Meth Church (Winter)	3rd Thurs	2pm
Golf Men	TBC		Kilworth Springs	Weekly	10.00am
History, Aspects of	Ernie Parsons	01536 760141	Desborough FC	4th Thursday	Afternoon
Ancient Greek Plays	Jill Nisbet	01604 882672	Com'ty Church	1st Thursday	14.00
Spanish Beginners	Don Collins	01858 462409	Methodist Church	Weekly	2.00pm
Spanish Improvers	Don Collins	01858 462409	Methodist Church	Weekly	10.00am
Table Tennis 2	Jenny Ancaster	01858 446862	M H Leisure Cntr	Weekly	Midday
Tennis	Rita Moth	01858 432275	Gt Bowden Tennis	Courts Weekly	10.00am
Theatre of the Absurd	Jonathan Chappell	0116 2792915	Com'ty Church	2nd Thursday	14.00
Walking All Day	Eddie/Edith Dixon	01858 468758	Outside	Last Thursday	Various
Walking Half Day 3	Alastair/Chris Willis	01858 419262	Outside	3rd Thursday	Various
Walking Half Day 4	Mike & Brenda Saywood	01536 770431	Outside	4 th Thursday	Various
Wildlife	Diana Baxter	0116 279 2947	Outside	2nd Thursday	Various
Wine Tasting	Jonathan/Naomi Shaw	01858 682133	Please call	3rd Thursday	Various

FRIDAY

Cycling	Kevin Millard	01858 468015	Outside	1st & 3rd Fri	10.30am
Photography Friday	Phil Aldridge	07734 903737	Zoom/Outside	3rd Friday	Afternoon
Jordan Jammers	Alan Clementson	01858 461088	Please call	Weekly	Afternoon
Papercraft & More	Jan Collins	01858 462409	Foxton VH	1st/3rd Fri	Morning
Discovering Poetry	Jill Hart	01858 469663	Methodist Ch, Upper Rm	1st Friday	10.00am
Singing for Fun	George Cashell	01858 467616	Methodist Church	2nd/4th Fri	Afternoon
Walking, Fri. Strollers	Colin & Julia Ford	01858 463129	Outside	2nd Friday	10.15am

SUNDAY

Singles Sunday Lunch	Jan Tilley	01858 461186	Various	1/2/4 Sundays	Various
Music - 60s Quiz	Alec Hodgson	01858 288923	Oathill Pub, M H	3rd Sunday	7.00pm

OTHER

Walking—Evening	David Martin	01858 440530	Outside	Summer, Various	Various
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Answers to Dave's Alphabetti quiz: 1. THORAX 2. RHEUMATOLOGY 3. ULNA 4. SPUTUM 5. VIRUS

COPY DEADLINE for February newsletter: Wednesday 2nd February 2022

Please send contributions to:

Stephen Joy, email: editor@hwu3a.org.uk Tel. 07982 428397